



MONTESSORI DE SAGRADA FAMILIA
 #090 B.S. AQUINO AVE., TANGOS, BALIWAG, BULACAN, 3006
Lower Grade School Department

FLEXIBLE E-LEARNING FOR THE YOUNG SAGRADANS

CLASS PROGRAM

S.Y. 2020 - 2021

Grade Level: Three

Adviser: T. Jahna Carmella Galvez

Section: AMETHYST

Co-Adviser: T. Maria Jesusa Mangulabnan

Monday	Tuesday	Wednesday	Thursday		Friday
Virtual Meeting (Morning)				I.T.S. (Interactive and Transformative Session Every Friday)	
Daily Check-in (10:00 – 10:10)	Daily Check-in (10:00 – 10:10)	Daily Check-in (10:00 – 10:10)	Daily Check-in (10:00 – 10:10)		
English (10:10 – 10:35)	Filipino (10:10 – 10:35)	English (10:10 – 10:35)	Filipino (10:10 – 10:35)		
Brain Break (10:35 – 10:40)	Brain Break (10:35 – 10:40)	Brain Break (10:35 – 10:40)	Brain Break (10:35 – 10:40)		
Math (10:40 – 11:05)	AP (10:40 – 11:05)	Math (10:40 – 11:05)	AP (10:40 – 11:05)		
Health Break (11:05 – 11:15)	Health Break (11:05 – 11:15)	Health Break (11:05 – 11:15)	Health Break (11:05 – 11:15)		
Science (11:15 – 11:40)	MAPEH (11:15 – 11:40)	Science (11:15 – 11:40)	MAPEH (11:15 – 11:40)		
Brain Break (11:40 – 11:45)	Brain Break (11:40 – 11:45)	Brain Break (11:40 – 11:45)	Brain Break (11:40 – 11:45)		
ESP (11:45 – 12:10)	Computer (11:45 – 12:10)	ESP (11:45 – 12:10)	Computer (11:45 – 12:10)		
Independent Study (Afternoon)					
English (30 minutes)	Filipino (30 minutes)	English (30 minutes)	Filipino (30 minutes)		
Math (30 minutes)	AP (30 minutes)	Math (30 minutes)	AP (30 minutes)		
Science (30 minutes)	MAPEH (30 minutes)	Science (30 minutes)	MAPEH (30 minutes)		
ESP (30 minutes)	Computer Ed. (30 minutes)	ESP (30 minutes)	Computer Ed. (30 minutes)		

Prepared by:

MARIA CRISTINA SANTOS SILAMOR, M.A.Ed.

School Principal / Directress

